



IFAC INTERNATIONAL
FESTIVAL OF
ATHLETICS
COACHING

SHARE

DEVELOP

ENERGIZE

Club Coach - Coaching Young Athletes

IFAC & the Club Coach

For 2011 we have increased the number of practical workshops, covering all areas of athletics. Naturally, there are several practical workshops and seminars covering the **grassroots** and **development** aspects of coaching athletics as well as the pathway to elite performance.

As a club coach, you coach at both a variety of abilities and events, and each of our event specific clinics cover coaching the event at every stage of athlete development. Vern Gambetta and Kelvin Giles will host a number of practical workshops focusing on the fundamentals, relevant to all levels of performance. A number of seminars address the issues of coaching young athletes at development as well as taking athletes to the next level.

You design your IFAC programme to suit your coaching needs, and with the combination of seminars and practical workshops you will leave the conference with a range of practical skills and sessions to take to your local athletics track and use with confidence.

IFAC 2011 is your conference
28-30 October | Glasgow

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